



Mercy High School

カリフォルニア州 レッドブラフ

ABOUT THE SCHOOL

Mercy (マーシー高校) 高校は、カリフォルニア州北部にある、1882年に創立した男女共学のデイスクール (ホームステイ滞在) です。

学校は、優秀で献身的なスタッフ、教師陣のもとレベルの高いアカデミックを目指し、全ての生徒が挑戦できる環境を整えています。そして、全ての面での発展に集中した「Whole Person (全人的)」の育成に努めています。

スポーツ、アート系プログラムも充実し、進学準備校としての側面も有し、多くの生徒へ質の高いそして快適な学習環境を提供しています。多くの生徒が、各自の目標に合った大学やカレッジへ進学を行います。

学校は9年生～12年生まで、約130名の生徒が在籍をし、そのうち約25名が留学生です。



COMMUNITY PROFILE

Mercy (マーシー) 高校は、カリフォルニア州レッドブラフに位置しています。レッドブラフは、サンフランシスコより北へ200マイル、内陸側へ70マイルに位置しています。レディングからは約30分の位置にありますが、この地域は郊外の静かなエリアとなります。

レッドブラフの夏は36°Cを超える日もあり暑く、冬の最高気温の平均は約12°Cとなります。カリフォルニア州の落ち着いたエリアで就学したい方へ良いエリアとなります。



COMMUNITY FACTS

人口: 約12,500人

最寄りの都市: カリフォルニア州レディング

最寄りの都市からの距離: 30分

平均気温: 3°C~37°C

QUICK FACTS

学校ロケーション

> カリフォルニア州 レッドブラフ

学校タイプ

> 男女共学 デイスクール

受入れ学年

> 9年生 - 12年生

宗教

> カソリック系

SAT SCORE (平均-旧スコア)

> 1360

総生徒数

> 約130名

留学生数

> 約25名

教師: 生徒比率

> 16:1

制服

> No

ESLプログラム

> No

卒業の可否

> Yes

最寄り空港

> サクラメント国際空港 (SMF)

EXTRACURRICULAR ACTIVITIES

スポーツ活動

男子:

バスケットボール

野球

クロスカントリー

ゴルフ

水泳

サッカー

陸上

テニス

女子:

アルペンチーム

バスケットボール

チアリーディング

クロスカントリー

ゴルフ

ソフトボール

テニス

バレーボール

クラブ活動

フライデーナイトライブ

キークラブ

スパニッシュ・オナー・ソサエティー

スパニッシュクラブ

アウトドア・アドベンチャー・クラブ

RAPクラブ

INTERESTING FACTS

- > 10科目のAPコース、4科目のオナークラスの開講
- > しっかりとした生徒会システム。生徒目線によるイベントなどの企画
- > ファインアートの充実。多くの生徒が、コーラス、マドリガル、学校演劇、ミュージカル、タレントショーへ参加
- > コミュニティサービスプログラムによる、地域とのかかわり、ボランティア活動
- > Ipadスクールと呼ばれ、ITを駆使した授業や活動

FACILITIES



マーシー高校には、オフィスや教室、カフェテリア、図書館、コンピューターラボ、チャペル、科学実験室、体育館、野外競技場があります。スポーツフィールドはキャンパスの外にあり、プールもあります。

また、進学アドバイスも充実しており、毎月多くの形で生徒へサポートを行い、卒業後の進路もしっかりと見据えることができます。



COURSES OFFERED

MATH	SCIENCE	SOCIAL STUDIES	ENGLISH	LANGUAGES	THE ARTS	ELECTIVES
Algebra 1-2	AP Biology	American Government	AP English Language/Composition	Spanish 1-4	3 Dimensional Art and Design	Catholic Morality
Pre-Calculus	Biology	AP American Government and Politics	AP English Literature/Composition	AP Spanish Language and Composition	Art 1A-1B	Christian Leadership
AP Calculus AB	Chemistry	US History	Honors Literature/Composition 9-11		Choral Music	Marriage Family and Vocations
Geometry	College Preparatory Chemistry	AP US History	Literature/Composition 9-12		Theater Arts	Physical Education
	Physics	World History				Social Justice
	Physical Science	World Geography				World Religions
		Economics				Yearbook

UNIVERSITY ACCEPTANCES

Azuza Pacific
 Baruch College
 Bellevue College
 Butte College
 College of the Pacific
 Creighton University
 Cuesta College
 Cypress College
 Drexel University
 Fisk University
 Florida Tech

Gonzaga University
 Menlo College
 Mount Ida University
 Northern Arizona
 Notre Dame de Namur
 Ohlone College
 Southwester University
 St. Edward's University
 Santa Clara University
 Seattle University
 Syracuse University

Tennessee Tech University
 Trinity College
 California State University
 University of California
 University of Massachusetts
 University of Oregon
 University of the Pacific
 University of Portland
 University of San Francisco
 Willamette University

Confidentiality will be maintained as much as possible.

The investigation will include a meeting with the person alleged to have harassed, sharing with that person the nature of the allegations, as well as the name of the person bringing the allegations.

Once the facts of the case have been gathered, the Principal, in consultation with the Superintendent, will decide what, if any, disciplinary action is warranted. **The disciplinary action will relate to the nature, context, and seriousness of the harassment and can include all disciplinary actions up to and including immediate expulsion.**

Any party involved who is not in agreement with the decision has the right to the Appeal Process for Reconciliation found in the Administrative Handbook.

If the complaint is against a non-employee or non-student, such as a parent, volunteer or vendor, the school will take steps, within the extent of its power, to investigate and eliminate the problem.

VANDALISM

Students and their parents shall be liable for all damage to equipment or school property caused by the student.

STUDENT GUIDELINES

DRESS CODE

Mercy High School students are to dress and groom themselves in a manner that is modest, neat and clean, and appropriate to a Catholic school academic environment. Sloppy and exaggerated attire often reflects a poor attitude about oneself and a possible lack of seriousness towards one's education. It also gives a poor image of the student body to the local community.

Students need to recognize different requirements for dress as different occasions demand. School is not unlike the work or professional world where a certain dress requirement is expected in representing one's profession and in performing one's tasks. Therefore, Mercy High School, true to its Catholic tradition, in cooperation with parents and students, set forth the following principles that underlie the dress code requirements:

- Be in good taste and reflect pride in our school.
- Be modest in style and appropriate in appearance.

Be neat and clean at all times, free of tears and holes. Must be of correct size.
Support and promote the essential purpose of education ~ learning.
Discourage excessive vanity, competitiveness, elitism or faddishness.
Encourage sound grooming habits and self-respect in the individual.

The administration believes that the primary responsibility for dress and appearance belongs to the students and parents. Mercy High School assumes that, when a student enrolls in the school, he or she is fully aware of this responsibility and the school's expectations to observe the dress code. It is the specific responsibility of the school administration to maintain and supervise the dress regulations along with the entire faculty. Violations of these regulations can be cause for disciplinary action. The administration reserves the right to make individual determinations regarding the dress code policy and will be the final judge as to what is in conformity with the dress code.

For those articles of clothing not listed, students should consult with the Principal or Teacher In Charge before the articles in question are worn to school to see if they would be appropriate. Dress code regulations are in effect the entire day and during any extracurricular activities affiliated with the school.

NOTE: Parents of students with major dress code violations will be called to bring appropriate clothing to school or student will be sent home to change. Parents called to bring in a change of clothes must do so in a timely manner (by the end of the period, or before required attendance at mass or other activity). A detention will be issued to any student not in appropriate dress prior to any event or next class period. Loaner clothes are made available at the school. Students must agree to wear clothes provided by the school in the absence of parent delivered alternate apparel. A charge will be issued to students not returning loaner clothing the week following issuance. Student absence from school or class due to dress code violations will be considered unexcused.

DRESS UP DAYS

Males

Clean and pressed dress shirt, tucked in, with tie (worn correctly) and dress slacks with belt is required. Denim pants or those with elastic at the cuff are not allowed. Sport coat, suit, sweater or school jacket is optional. Students must wear dress shoes. (Vans or similar shoes are not considered dress shoes and athletic shoes are not allowed on these days.) Polo shirts and sweatshirts are not allowed on these days.

Females

Business Professional attire is appropriate for Dress Days. Students may choose

between either a dress, skirt, or pants that conforms in length with dress code standards with an appropriate top that has sleeves, no writing and is appropriately formal. A student may wear a sleeveless dress if she wears a sweater, jacket or blouse over it of a material that is not see-through and fitted in such a way that straps do not show. Strapless, halter, spaghetti strap or party dresses are not allowed. Tight or form fitting styles are prohibited. Polo shirts and sweatshirts are not allowed on these days. Denim in all colors is not allowed on these days. This includes overshirts and jackets. Pants must be appropriately formal. Dress shoes, not exceeding 3 inches in heel height, including dressy sandals, are appropriate. Combat or lace up type boots are not appropriate. Hosiery, although not required, if worn is limited to full nylons or tights. No knee socks or fishnet type stocking are allowed.

NOTE: Students are expected to observe these general rules for neatness, modesty and moderation at all school sponsored events. The dress code will be strictly enforced at all times. ANY QUESTIONS REGARDING APPAREL OR DRESS REGULATIONS SHOULD BE DIRECTED TO SCHOOL ADMINISTRATION FOR CLARIFICATION. The administration and faculty will review the Dress Code policies continually. Adjustments will be made as needed.

In keeping with appropriate attire for certain events and occasions, students may be granted opportunities for dress other than already presented. Spirit days would be such on occasion. These days will be announced in advance for students. No article of clothing or accessory should contain content that is crass, vulgar, racist, sexist, or otherwise deemed inappropriate and/or offensive. Administration will make approvals on content.

DRESS CODE FOR MALES:

HAIR

Hair must be clean, combed and styled neatly, and pulled away from the face. Extraordinary, distracting hairstyles or unnatural colors are not allowed. All males are to have neatly groomed and trimmed facial hair daily. Sideburns must be trimmed and may not be lower than the bottom of the earlobe.

SHOES

All shoes must be tasteful. Students should give consideration to the activity of the day, including exposure to chemicals in science lab.

HEADWEAR

Hats, caps, visors, headbands worn across the forehead, beanies, scarves used as headgear, or sunglasses are not to be worn in the building. No piercings are allowed with the exception of ear piercing. Only modestly sized studs are permitted. No gauges or spikes.

SWEATSHIRTS

Only Mercy High School sweatshirts, college sweatshirts, approved religious-themed sweatshirts, or plain colored sweatshirts, with or without a hood, may be worn. (Hoods may not be worn in the building.) Very small (no larger than the palm of the hand) manufacturers logos or names are allowed on sweatshirts. No sweatshirts on dress up days.

SHIRTS

All shirts must be clean, pressed, free of tears, and of the dress, polo, or sport-shirt style with a full collar and sleeves. An approved shirt must be worn at all times even with a sweatshirt, sweater, open shirt, or jacket. Clothing intended as undergarments may not be seen. Shirts may have no writing, pictures, patches, etc. on them. Very small manufacturer's logos (no larger than the palm of the hand) are allowed. Authorized Mercy High School, college, and approved religious-themed T-shirts are permitted. For questions about authorization, see the Administration. Shirts need not be tucked in, but must be of an appropriate length.

PANTS

Long pants, including jeans that are neat and clean, may be worn. The following may not be worn: overalls, work pants, military pants, surgical pants and athletic pants of any type. Pants that are altered (not to include tailoring), frayed, torn, stained, patched, scratched, ragged at the cuffs or elsewhere, are not acceptable. Pants that are extreme are not acceptable; this includes those that are either too tight or too baggy. Pants must be worn at waist level. (Sagging, or even slightly sagging is not allowed.)

SHORTS

Walking shorts are permitted. Shorts meant to be worn as athletic clothing or swimwear are not acceptable. Shorts must be worn at waist level and must be no shorter than 4 inches above the kneecap when standing straight with arms at sides and must not go past the top of the calf.

MISCELLANEOUS

No visible tattoos are permitted.

DRESS CODE FOR FEMALES:

HAIR

Hair must be clean, combed and styled neatly. Extraordinary, distracting hairstyles or unnatural colors are not allowed.

SHOES

All shoes must be tasteful. Students should give consideration to the activity of the day, including exposure to chemicals in science lab. For safety reasons, shoes with a heel greater than 3 inches are not permitted.

HEADWEAR

Hats, caps, visors, beanies, scarves worn as headwear, headbands/bandanas worn across the forehead, or sunglasses are not to be worn in the building.

JEWELRY AND MAKEUP

Jewelry and makeup may be worn in moderation. Excessive use of jewelry and makeup is

considered distracting and inappropriate for school. No nose, tongue or other visible piercings are allowed with the exception of ear piercing. No gauges or spikes.

SWEATSHIRTS

Only Mercy High School sweatshirts, college sweatshirts, approved religious-themed sweatshirts, or plain colored sweatshirts, with or without hoods, may be worn. (Hoods may not be worn in the building.) Very small (no larger than the palm of the hand) manufacturers logos are allowed on sweatshirts. No sweatshirts on dress up days.

SHIRTS/BLOUSES

All shirts of any type must have sleeves, be of correct size, and in good condition free of holes and tears. **No t-shirts are to be worn** with the exception of authorized Mercy High School T-shirts, approved religious-themed T-shirts, and college T-shirts. A T-shirt is defined as a shirt in the T design that has either a rounded or v-neck collar and a full sleeve that can extend as long as halfway down the arm from the shoulder to the elbow. An approved shirt must be worn at all times even with a sweatshirt, sweater, open shirt, or jacket. Shirts may not be halter, tank, strapless or spaghetti straps. Clothing intended as undergarments may not be seen. Shirts may have no writing, pictures, patches, etc. on them. Very small (no larger than the palm of the hand) manufacturer's logos are allowed. For questions about authorization, see the Principal or Teacher In Charge. Shirts need not be tucked in, but must be of an appropriate length. Shirts must not be excessively short, showing bare midriff or back, while performing normal activities at school such as reaching or bending forward toward lockers. Shirts must be modest (i.e. no deep cut neck lines). No see-through, sheer, or loose weave blouses or shirts are allowed, such that bra straps, clothing intended as undergarments, halter tops, bare shoulders, bare backs, or bare midriffs are visible. This includes front or rear panels on a blouse. Sleeves may not be see-through, sheer, loose weave, or peek-a-boo style. The hem may not be altered, such as tied in a knot or with a rubberband.

PANTS

Long pants, including jeans that are neat and clean, may be worn. The following may not be worn: overalls, work pants, military pants, surgical pants and athletic pants of any type. Pants that are altered (not to include tailoring), frayed, torn, stained, patched, scratched, ragged at the cuffs or elsewhere, are not acceptable. Pants that are extreme are not acceptable; this includes those that are either too tight, such as leggings, jeggings, yoga pants, or too baggy. Pants must be worn at waist level.

SHORTS

Walking shorts are permitted. All shorts must have a sewn hem without fraying. Shorts meant to be worn as athletic clothing or swimwear are not acceptable. Shorts must measure no shorter than 4 inches above the kneecap when the student is standing straight with normal posture with her arms at her sides.

SKIRTS/DRESSES

All dresses must have sleeves. Strapless, halter, spaghetti strap or party dresses are not allowed. Tight and form fitting styles are prohibited. Hems must measure no shorter than 3 inches above the kneecap when the student is standing straight with her arms at her sides. The fit of the garment must fulfill the requirement for modesty. Low cut and/or high slit styles are not acceptable.

MISCELLANEOUS

No visible tattoos are permitted.